

EMERGENCY PLAN

FOR 1927 13th STREET FACILITY, SACRAMENTO

Notice to Viewers of this page: to navigate this document, please click on the "Bookmarks" tab at the left to enable you to navigate to the desired individual sections.

I. General Information

A. Purpose

The purpose of the Emergency Plan is to ensure the safety of all persons in the 1927 13th Street (13th & T) facility during an emergency and to comply with Title 8, California Code of Regulations, Section 3220. It is also to establish a continuing state of emergency preparedness. The goals of this Emergency Plan are to:

- Protect lives
- Prevent Injury
- Protect Property
- Preserve organizational structure
- Ensure continuity or early resumption of essential services.

B. Description of This Facility

The building is two stories with a roof platform and has multiple uses including general office space, laboratories, electronic repair, cylinder storage, and warehouse/stockroom. It houses approximately 100 employees; however, many of the staff are often in the field.

C. Who Develops and implements the Emergency Plan?

The California Highway Patrol (CHP) has jurisdiction over those matters related to the security of State-owned and -leased offices, State property, and occupants of State property pursuant to Government Code 14615(b). Within this jurisdiction the CHP may establish rules and regulations pertaining to the protection of State employees, properties, buildings and grounds, and occupants of State properties. The emergency plan for 1927 13th Street must meet or exceed the minimum requirements established by the CHP.

The Emergency Coordinator working with the Safety Coordinator is responsible for the development and maintenance of the 1927 13th Street Emergency Plan. This plan will be revised at a minimum of every two years. The next planned update of this plan is scheduled for July 2005.

All managers and supervisors are ultimately responsible for ensuring compliance with the facility's emergency plan. Managers and supervisors must assure that all employees know about and are prepared to follow established emergency procedures. All employees should be aware of the evacuation routes and other basic safety plan elements while on site. This plan may not be practical, safe or appropriate in every situation. When in doubt, deviate on the side of caution using common sense and good judgment.

Health & Safety Officer	Gayle Yost	323-7053
Health & Safety Coordinator	Cindy Francisco	323-1158
Emergency Coordinator (EC)	Michael Werst	327-4757
Division Safety Coordinator	Donald Taylor	322-2502

D. Injury and Illness Prevention Program

The Health and Safety Policy and the Injury and Illness Prevention Program Guide is an Administrative Services Letter (ASL) which is accessible electronically on ARB's IntraNet. The guide contains information on procedures of ARB's safety program. All managers and supervisors are responsible for ensuring compliance with the emergency plan.

E. Building Security

The 1927 13th Street building is secured with key code access doors, closed circuit television, and an alarm system. The parking area on the east side of the building is secured by a fence and alarm system. Employees gain access to the building by using a security code on the exterior doors. All doors unlock for exiting. The south and west entrances are monitored from the division office by closed circuit television.

The building security alarm is activated and deactivated using the keypads located inside the building by the south and west entrances. The alarm is activated at night by the on-site maintenance person and deactivated by the first employee to arrive at the building in the morning.

The parking area security alarm is activated and deactivated using the keypad located in room 100. The alarm is activated at 4:15 p.m. and deactivated by employees in the morning. All employees should ensure the alarm is deactivated before entering the compound.

Anything that appears suspicious in or around the building should be reported to management.

Emergencies	9-911
California Highway Patrol (non-emergencies)	445-2895
Sacramento Police Department (non-emergencies)	264-5471
Emergency Coordinator-Michael Werst	327-4757
Division Safety Coordinator-Donald Taylor	322-2502

F. After Hours Security

Employees entering after hours or on weekends must deactivate the security alarm and sign-in on the form provided at the west entrance. Employees who are the last to leave the building must sign-out and activate the alarm. Employees are urged to exercise their best judgement to safely exit the building.

G. Visitors

Visitors are required to request access at the intercom located on the west entrance and are required to sign in and out on the form located at the entrance. An employee must accompany them at all times.

H. Maps and Information

Maps indicating all emergency exits, fire pull alarms, fire extinguishers, and first aid kits are posted throughout the building. A red and white sign on the wall above each fire extinguisher marks its location. Fire extinguishers and first aid kits are located in each laboratory and in common areas. The list of Emergency Team Members with their telephone numbers is posted in each room and near emergency exits. Please locate the emergency exit, fire pull alarm, fire extinguisher, first aid kit, and emergency team list nearest your work area *before* an emergency occurs. The Emergency Coordinator will coordinate and conduct evacuation drills each year to ensure and evaluate preparedness.

I. Communication

Information about safety and other important information is located in the employee break room (Room 109).

If there is an incident that causes an evacuation that results in work release and/or closure of the facility, recorded information on return to work status, alternative work locations, and emergency clean up status will be disseminated via a special toll-free telephone number. All Boards, Departments and Offices within the Cal/EPA Agency may use this toll-free number. The number is (877) 5-CALEPA or (877) 522-5372. All employees should have the telephone number at their residence and with them at all times.

J. Material Safety Data Sheet Program

Material Safety Data Sheets (MSDS) present basic information on chemical composition, physical properties, fire fighting procedures, health hazards--acute and chronic, storage and handling precautions, recommended protective equipment for workers, and an outline of emergency and first aid procedures. All the MSDS information for chemicals found within the building are located in room 117, with selected copies located in room 110.

K. Exposure to Toxic or Harmful Substances

If employees believe that they have been exposed to toxic substances or harmful agents, they may record the possible exposure on HS 3 "Toxic Exposure Record" forms. The Injury and Illness Prevent Program Guide, Record Keeping Section, has more information regarding the toxic exposure record.

All employees have the right to see their personal medical and records of exposure to toxic substances or harmful physical agents. Records of exposure to toxic substances or harmful physical agents of other employees with work conditions similar to the employee are also available. These records are available by contacting Cindy Francisco, Management Services Branch at (916) 323-1158. Copies of Cal/OSHA General Industry Safety Order 3204 may also be requested.

L. Telephone Use During Emergencies

Do not use telephones during an emergency. These lines must be kept available for emergency personnel and for communicating with staff in the building or work site. During bomb threats cell phones should never be used on or near the area where the bomb is suspected.

M. Damage Control

The Emergency Coordinator or other emergency team members may assess damage and determine immediate action necessary to control dangerous conditions before police, fire department or emergency medical personnel arrive.

DO NOT ATTEMPT ANY ACTION THAT WILL RISK INJURY TO YOURSELF OR OTHERS.

Actions which may be taken only if conditions are reasonably safe, may include:

- Fire suppression (using an extinguisher).
- Request First Aid and CPR Team Member assistance.
- Disconnect utilities and business machines.
- Protect/remove records.
- Close doors during fires, open them during bomb threats.
- Control access into areas.

N. Fire Alarm System

The building is equipped with a fire alarm system that will sound to alert staff to evacuate. This alarm system will be used for *all emergencies that require evacuation*. The alarm system does not notify the fire department of an emergency - **You must still call 9 - 911.**

O. Safety Committee

The Sacramento and El Monte Safety Committees meets at least quarterly. All Sacramento building safety representatives are invited to attend. The purpose of the Committee is to discuss safety issues and recommend appropriate actions. Employees who are interested in participating on the committee or who have a safety issue should contact their supervisor.

P. Required Safety Training

Personnel Protective Equipment -- Required safety equipment and protective clothing will be provided to employees according to their assigned duties and Labor Union Bargaining Agreements. Employees will be trained on their proper use.

Defensive Drivers Training -- is required for any employee who drives a vehicle while on state business. This includes state, private, and rental vehicles. The class must be attended at least every four years. The class is designed to improve driving skills, review appropriate responses for specific driving scenarios and to provide answers to individual questions.

Cardiopulmonary Resuscitation (CPR) -- is a combination of artificial respiration and artificial circulation, which should be started immediately as an emergency procedure when cardiac arrest occurs. This is required for all First Aid Staff. CPR certificates must be renewed annually or every two years as indicated on the training certificate.

Standard First Aid -- provides training in the fundamentals and skills for first aid and accident prevention. It also includes instruction in rescue breathing, adult one-rescuer CPR, and choke-rescue. This is required for all First Aid Staff. First Aid certificates must be renewed every three years.

To learn when the classes are available, contact the Training Section, Administrative Services Division at (916) 327-2565.

II. Laboratory Safety Information

The laboratories in the building are equipped with a variety of safety equipment, depending upon the potential hazards in each laboratory. The safety equipment includes first aid kits, fire extinguishers, emergency showers, eyewashes, fume hoods,

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions.

and chemical spill kits. Laboratory staff should familiarize themselves with the location and proper use of the safety equipment in their work areas.

Employees should familiarize themselves with the potential hazards and safe handling of chemicals used in their work areas. Consult the chemical MSDS before handling any unfamiliar chemical.

A. General Rules for a laboratory

- DO NOT eat, drink, smoke, chew gum, or apply cosmetics in areas where laboratory chemicals are present. DO NOT store or consume food or beverages in storage areas, refrigerator, glassware or utensils that are also used for laboratory operations.
- Handle and store laboratory glassware with care to avoid damage; do not use damaged glassware. Use extra care with Dewier flasks and other evacuated glass apparatus; shield or wrap them to contain chemicals and fragments should implosion occur.
- Avoid practical jokes or other behavior that might confuse, startle or distract another worker.
- Do not use mouth suction for pipeting or starting a siphon.
- Confine long hair and loose clothing. Wear shoes at all times in the laboratory but do not wear sandals, perforated shoes, or sneakers.
- Keep the work area clean and uncluttered, with chemicals and equipment being properly labeled and stored; clean up the work area on completion of an operation or at the end of each day.

B. Chemical Spill Procedures

For accidents and spills:

- Call 9-911
- Eye contact: promptly flush eyes with water for a prolonged period (15 minutes) and seek medical attention.
- Ingestions: Encourage the victim to drink large amounts of water; seek medical attention.
- Skin contact: Promptly flush the affected area with water and remove any contaminated clothing. If symptoms persist after washing, seek medical attention.

If the spill poses an *immediate* health hazard:

Evacuate the affected area

- Isolate the affected area and deny access to other employees
- Pull the fire alarm
- Call 9 - 911
- Contact your supervisor and the Emergency Coordinator.

If the spill does *not* pose an immediate health hazard:

- Consult the chemical MSDS
- Restrict the spread of the chemical by using a Chemical Spill Kit (if appropriate)

- Contact your supervisor and the Emergency Coordinator.

C. Hazardous Material Disposal

A hazardous material storage area is located in the parking area on the east side of the building. The area is fenced and locked and should only be accessed by authorized personnel. The licensed contractor periodically removes hazardous materials from this area.

There is a hazardous material disposal program for this building. All employees are responsible for keeping their work area free of accumulated hazardous material. All hazardous materials should be properly disposed of when they have expired or are no longer useful. Employees should purchase hazardous materials in the smallest quantities needed to complete their project(s). Your supervisor or the Division Waste Coordinator should be contacted for disposal information.

D. Machine Shop Safety

A machine shop is located in room 114. Access to the machine shop is restricted to staff who have received training and have demonstrated their ability to safely use the equipment. Personal safety gear is available in the shop and must be used when the equipment is in use. Contact your section supervisor if you need access to the machine shop.

E. Roof Platform Safety

A bi-level wooden platform is located on the roof of this building to accommodate air monitoring equipment. A guard rail is installed around the perimeter of the platform and non-skid tape is installed on the stairs leading to the platform. However, employees should use caution during rain or fog conditions because the platform may become slippery when wet. A fire alarm speaker has been installed on the roof to alert employees when an evacuation is necessary.

III. Emergency Procedures

A. Command Center

During an emergency situation a Command Center will be established. All emergency operations shall be directed from the Command Center. The Command Center will be by the main entrance, if practical. The Command Center staff will include: The Emergency Coordinator and Alternate, Recorder and Alternate, Laboratory Specialist and Alternate, Building Utility Expert and Alternate, First Aid Team Leader and Alternate, and 1st and 2nd Floor Team Leaders.

The Emergency Coordinator will turn over the leadership of the Command Center to the Fire department or law enforcement, as appropriate. In a large disaster, the

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions.

Standardized Emergency Management System (SEMS) will be set in place. The Department Operations Center (DOC) Director who is the Executive Officer or a Deputy, or in case they are unable to be reached, the highest-ranking on-site manager, would take charge. The Emergency Coordinator would then assist the DOC Director in carrying out business resumption plan activities, as needed.

B. Emergency Evacuation Procedures

When an evacuation is determined necessary, the following procedures are to be strictly followed:

- When the fire alarm sounds *all* employees and visitors must immediately leave the building by the nearest designated exit or as directed by Emergency Team members and proceed to the evacuation gathering area. Emergency personnel will be available to direct employees and ensure that evacuation instructions are carried out. No one is allowed to enter the building during an emergency evacuation. The Emergency Coordinator is the highest level emergency team member for the building and coordinates all emergency actions for that facility.
- During the evacuation, employees should walk, not run. High heels should be removed if they slow you down. Move as quickly as possible, remain quiet and follow emergency instructions.
- Radios should be turned off before leaving the work area so it does not confuse rescue workers.
- Persons with mobility disabilities will be evacuated by designated helpers (Emergency Aides) by the most expeditious and safe means available.
- For the safety of all concerned during an evacuation, all employees are asked to remain at work until complete attendance is conducted and instructions are given. It is likely that some employees may wish to leave the premises immediately after a major emergency, but doing so will cause undue hardship to other co-workers as well as possibly causing some unnecessary search and rescue operations. Employees would wait until given permission to leave by the Emergency Coordinator and fully consider the safety risks that may be associated with leaving the premises.
- Employees who are meeting with clients and/or staff from locations outside of 1927 13th Street will direct the clients/staff to the evacuation site.
- The Emergency Coordinator or alternate should have at the evacuation site a list of the employees, their home phone numbers, addresses, important medical information and emergency contact persons.
- First Aid Team members are available to administer first aid until professional help arrives. First Aid Team members will wear a hard hat and vest.
- After the Emergency Personnel have determined that the emergency is over, the Emergency Coordinator will advise employees to return to the building.

C. Evacuation Site

The predetermined evacuation gathering area is located in the parking lot to the North of the 1927 13th Street building (Building Exchange Parking Lot) unless otherwise

instructed. Employees are to proceed directly to this area unless otherwise instructed. Employees must check in with their supervisors so that all staff can be accounted for.

D. Evacuation of Persons with Disabilities (Permanent or Temporary)

Since employees who have permanent or temporary mobility disabilities or hearing impairments may need assistance during an emergency evacuation, it is important that they inform their supervisor of their physical limitations. Supervisors will assign an appropriate staff member to serve as an Emergency Aide for any employee or client with a mobility disability that may require assistance during an evacuation. Emergency Aides will escort and assist employees or clients with mobility disabilities safely out of the building. The supervisor will provide information to the Emergency Coordinator if there is an employee with a disability who would need assistance during an evacuation.

The safety, comfort and personal dignity of people with disabilities and those who receive injuries during an emergency should be considered by:

- Providing assistance in a respectful fashion, e.g., asking first.
- Checking with employees, clients, and visitors who have disabilities or those who may be medically affected by the emergency regarding their needs:
 - Locating and providing seating for people who have difficulty standing;
 - Finding adaptive mobility equipment for people with disabilities who are evacuated without their own mobility equipment, if possible; and
 - Assisting with other needs, e.g., location of accessible restrooms, and water for taking medications, etc.

If any other type of accommodation is necessary, contact your Emergency Coordinator *prior* to any emergency.

E. After Hours Evacuation

In case of an evacuation during non-business hours, 1927 13th Street emergency personnel may not be present in the building to supervise the evacuation. Employees are urged to exercise their best judgement to safely exit the building. The city emergency personnel will inform you when it is safe to return to the building.

IV. Emergency Team Members and Responsibilities

Emergency Team Member Lists are posted throughout the facility. The Team should meet at least once every six months to discuss current emergency preparedness, safety concerns and to ensure a complete team composition. Emergency team members should routinely supplement communication links with e-mails and other activities to create a sense of a team and ensure that all team members have important and timely information. If team members can no longer serve in their roles, they should notify the Emergency Coordinator so that they can be replaced.

A. Emergency Coordinator (EC)

The Emergency Coordinator is the highest level emergency team member whose primary responsibility is to ensure that everyone is evacuated from the building during an emergency. The Emergency Coordinator is also responsible for:

- Establishing the Command Center
- Directing and supervising the activities during an emergency evacuation
- Assessing damage and determining actions necessary to immediately control dangerous areas or conditions.
- Ensuring that all emergency team members are trained and maintain a current roster.
- Ensuring that emergency procedures are sensitive to the needs of all employees, including those with disabilities.
- Coordinating the search for a possible explosive device, if a threat is received and directed by the California Highway Patrol. This includes public lobbies, elevators, storage rooms and restrooms.
- Coordinating and conducting evacuation drills each year to ensure and evaluate preparedness. Drills may be conducted in conjunction with the nearby MLD facility located at 1900 14th Street.
- If they can no longer serve as the Emergency Coordinator, they should notify the Safety Coordinator so they can be replaced.

B. Emergency Coordinator Alternate or Co-Leader

The Emergency Coordinator Alternate or Co-Leader assists the Emergency Coordinator and acts in his/her absence.

C. Recorder

The Recorder is stationed at the Command Center, maintains a written record of all actions taken by the Emergency Coordinator during all emergency operations and the time record. The Recorder will:

- Have ready a clip board, paper and pen to document event.
- Keep track of the time that the alarm began and when it concluded.
- Receive head count of evacuees from management to ensure that all staff are accounted for.
- Evacuate themselves during an emergency when directed by the Emergency Coordinator or their messenger.
- Provide a written record for the Emergency Coordinator for their facilities performance during a drill or event so that it can be evaluated for improvements.

D. Messenger

If necessary, anyone may be called upon to act as a messenger during an emergency by the Emergency Coordinator.

E. Utilities Officer

The Utilities Officer is stationed at the Command Center, controls utilities during an emergency, if necessary. The Utilities Officer is responsible for:

- Obtaining training on the utilities of the facility so that they can shut them down, if necessary.
- Evacuating themselves when directed by the Emergency Coordinator or their messenger.

F. 1st and 2nd Floor Team Leaders (FTL)

The 1st and 2nd Floor Team Leaders report directly to the Emergency Coordinator. They are not designated to any zone, instead they are staged at the 13th Street entrance (2nd FTL) and the T Street entrance (1st FTL). They will not sweep the building, nor will they tag doors with post-it brand notes. They will not direct first aid, instead they will contact the EC and First Aid Team Leader, who will direct resources as necessary. They are not responsible for the elevator. They will have radios issued to them. Their duties include:

- Communicating directly with the Command Center (EC)
- Supervising the Zone Monitors
- Directing occupant searches
- Maintaining control of re-entry to facility
- Reporting emergency status to the EC

G. 1st and 2nd Floor Team Leaders Alternate

The 1st and 2nd Floor Team Leader Alternate will be the Acting Manager who will be trained by the 1st and 2nd Floor Team Leader and acts in his/her absence.

H. First Aid/CPR Team Leader and Alternate

First Aid Team Leader and Alternate, as part of the Command Center, will:

- Coordinate first aid resources
- Communicate with Floor Team Leaders and the EC to facilitate first aid needs
- Have ultimate authority for all first aid decisions until EMS personnel arrive
- Maintain current First Aid and CPR or better certification
- Be staged as needed with radios(s)
- Maintain a cache of authorized medical equipment

I. Zone Monitor

Zone Monitors are responsible for overseeing the evacuation of persons in their designated zones during an emergency. They take directions from the FTLs. They do

not collect Post-it brand notes for re-use (notes will be discarded after a drill/emergency). Their responsibilities include:

- Reporting directly to FTL
- Being responsible for staff evacuation of all spaces in assigned zone
- Closing and marking doors with notes
- Evacuating self from building and reporting status to FTL
- When dismissed by FTL, proceeds to Designated Safety Area and conducts staff head count.
- Reporting head count to Recorder

J. Stairwell Monitor

The Stairwell Monitor is primarily responsible for assisting in the safe evacuation of staff via the stairwell. The Stairwell Monitor is responsible for:

- Checking the stairwell to make sure it is safe to use.
- Directing staff away from the stairwell if it is unsafe. Points out alternative exit.
- Encouraging staff to exit calmly.
- Preventing staff to enter the floor.
- Evacuating themselves when directed by the Emergency Coordinator or their messenger.

K. Emergency Aides

The Emergency Aides primary responsibility is to assist persons with mobility disabilities to safety during an evacuation. Emergency Aides may be assigned to a particular person by their supervisor or may be assigned someone during an emergency. The Emergency Aides will:

- Be familiar with disability etiquette.
- If assigned to a particular person, during an emergency immediately go to that person and do whatever is necessary to assist the person to safety.
- If unassigned, during an emergency look for visitors or persons with temporary mobility impairment who do not have an assigned Emergency Aide.
- Evacuating themselves if their services are not necessary.

L. Lab Specialist & Alternative

The Lab Specialist and his/her Alternate are stationed at the Command Center, answers questions of the Emergency Coordinator and emergency response personnel regarding materials and operations in the laboratories.

V. What do Do In Case of: Medical and First Aid Emergencies

A. Major Injury & Illness

- If the situation is serious, **call 9 - 911.**

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions.

- Notify the employee's supervisor and a member of the First Aid Team. Always notify your supervisor immediately of any work-related injury or illness. The First Aid Team Members are listed on the Emergency Team Members list posted in each room and near emergency exits.
- First aid supplies are located in each laboratory and in common areas.
- If possible, emergency personnel should be provided with the appropriate MSDS for victims exposed to toxic materials.
- Nearby hospital facilities:
 - Sutter General Hospital (2802 L Street) (916) 454-2222
 - Sutter Memorial Hospital (5151 F Street) (916) 454-3333
 - Mercy Hospital (4001 J Street) (916) 453-4545
 - UC Davis Medical Center (2315 Stockton Blvd.) (916) 734-2011
- Poison Center: 1-800-876-4766
- Complete the appropriate forms as instructed in the Injury and Illness Prevention Program Guide and the injured employee should report the injury to his/her supervisor.

B. Minor Injury or Illness

- First aid supplies are located in each laboratory and in common areas. Contact a First Aid Team Member who has been specifically trained in first aid treatment. The First Aid Team Members are listed on the Emergency Team Members list posted in each room and near emergency exits. Initiate first aid action as necessary.
- Complete the appropriate forms as instructed in the Injury and Illness Prevention Program Guide and the injured employee should report the injury to his/her supervisor.

C. First Aid Kit Contents

First aid kits must be provided and readily available to all employees. The State Administrative Manual (SAM) 2582.1 outlines what may be included in state-owned first aid kits. SAM states that assistance provided the sick or injured before medical help is available but only with the express purposes of controlling loss of blood, sustaining breathing, and reducing the effects of shock. Suitably trained personnel are highly recommended. Medical diagnosis, treatment, and provision of medicines or drugs (aspirin included) are not appropriate.

These supplies have been approved by a consulting physician, as required by General Industry Safety Orders, Section 3400 and may be placed in state-owned first aid kits:

- Sterile gauze pads 4"
- Roller gauze 1"
- Paper of adhesive tape 1/2"
- Triangular bandage
- Sterile package of Band-Aids 1"
- Sterile compress bandage 3"

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions.

- Elastic bandage 3"
- Sting swabs
- Soap cloths
- Container (sealable plastic bag with fairly heavy wall, metal or plastic box.)

All other first aid supplies determined by agencies to be necessary for their operations will need to be approved by a consulting physician (the State Medical Officer.)

The State Medical Officer, Dr. Stephen Weyers, approved on April 16, 1998 for the Air Resources Board, the inclusion of:

- Surgical gloves
- CPR Microshield

The State Medical Officer, Dr. Stephen Weyers, approved on April 16, 1998 for the Monitoring & Laboratory Division, the inclusion of:

- Antiseptic wipes
- Knuckle and fingertip adhesive bandage
- 2" conforming gauze bandage
- 2" offset bandage compress
- tweezers
- trauma shears
- rescue blanket
- wire splint
- 32 fl. Oz. Saline Solution (eye wash)
- disposable emergency resuscitator
- small eye patch-oval
- 4" conforming bandage
- 2" x 4" adhesive bandage
- 4" x 4" gauze pads
- cling wrap

The State Medical Officer, Dr. Stephen Weyers, approved on April 16, 1998 for the Monitoring & Laboratory Division Audit Vans, the inclusion of:

- 4" conforming gauze bandage
- cling wrap
- 4" x 4" gauze pads
- trauma shears
- SAM Splint
- Chemical cold pad
- Small eye patch-oval
- Tweezers
- Rescue blanket
- 32 fl. Oz. Saline Solution (eye wash)

The State Medical Officer, Dr. Stephen Weyers, approved on June 30, 2003 for the Monitoring & Laboratory Division Extraction Laboratory, the inclusion of:

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions. 14

- Burn Blanket (dressings) to treat thermal burns

VI. What to Do In Case of: Fire

A. Immediate Actions

If you discover fire or smoke, you should immediately:

- Get away from the fire area.
- Pull the nearest fire alarm.
- Dial 9 - 911 and state the following:
 1. I am reporting a fire (give brief description);
 2. The address is 1927 13th Street
 3. The emergency is on Floor _____ and in Room _____
 4. My name is _____
 5. My call-back number is _____
 6. Do not hang up - verify the information was received
- Contain the smoke - close doors to contain smoke and alert others to the situation. Smoke contains toxic fumes and can be deadly. Containment is vital to prevent panic, injuries and spread of fire.
- Evacuate the facility, if necessary
- Contact your supervisor or Emergency Coordinator.

B. Extinguish Small Fires

The building is equipped with sprinklers, pull alarms, smoke detectors, and fire extinguishers. Sprinkler heads throughout the building will be activated if they detect heat at 165 degrees Fahrenheit. Only the head(s) that detect the heat will dispense water. Semi-annual training will be conducted to familiarize staff to the proper use of a fire extinguisher. Employees should only attempt to extinguish small fires that can be safely contained using an extinguisher. Always have another person standing by with another extinguisher for assistance. Remember smoke contains toxic fumes and can be deadly. The Fire Department should still be called even if the fire appears to be extinguished. Also, inform the Safety Coordinator about the incident. All discharged extinguishers must be serviced.

C. The Fire Alarm System

The building is equipped with a fire alarm system, which will sound to alert staff to evacuate. This alarm system will be used for *all emergencies that require evacuation*. The alarm system does not notify the fire department of an emergency - **You must still call 9 - 911.**

D. The Nearest Fire Station

The nearest fire station is Station 1 at 624 Q Street.

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions. 15

Shelter in Place Procedures for Airborne Threats

Security consultants have recommended that all facilities be prepared to assist their employees to "shelter in place" in the event of an airborne threat. Utility failures, hazardous material spills or other release could result in airborne contaminants that could be a concern to nearby facilities. For example, a truck accident on the W-X freeway could result in a hazardous material spill that could affect the ambient air at the 1927 13th Street building.

In addition, at any time the President or State and Local officials may identify heightened terrorist threat levels, which may include an airborne chemical, biological, or radiological attack that could endanger a large area. Because of the difficulties presented in protecting our employees in the event of such an attack, it is important that in this event, we implement immediate actions to avoid and/or minimize possible contamination.

The following information is intended to provide employees with guidance on emergency procedures for "shelter in place" due to airborne hazardous materials release:

1. Notification/Initiation of Action:

At a time of emergency, the Emergency Alert System should be activated via radio and television. Law enforcement could also instruct facilities to implement shelter in place procedures. They may provide further instructions based on the threat that we should follow. Anyone who hears that an event has occurred should contact the Emergency Coordinator/Alternate and the Safety Coordinator immediately.

Emergency Coordinator:	Michael Werst	327-4757
Alternate Emergency Coordinator	Sean Roy	327-4731
MLD Safety Coordinator	Donald Taylor	322-2502
ARB Safety Coordinator	Cindy Francisco	323-1158

The ARB Safety Coordinator will also make every attempt to notify Emergency Action Coordinators as quickly as possible about such an emergency.

2. Shelter in Place Procedures

- The Emergency Coordinator or alternate will immediately implement shutting down the facility such as turning off all fans, heating and air conditioning systems. The zone monitors will shut them off at the circuit breaker panels they are assigned:

Zone 1A	Panel TCP
Hall outside conference rooms across from room 123.	

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions.

Zone 1C	Panels C and D (right next to each other) Hall near room 113. Panel C circuit breakers 1-27 Panel D circuit breakers 1-15, 17, 19, 32, 34, 36
Zone 2C	Panels R and R1 (right next to each other) In room 212. Panel R circuit breakers 7, 9, 11, 13-32, 34, 36-42 Panel R1 circuit breakers 11, 13, 15

The air conditioner unit serving room 105 (Balance Room) will be left on since the circuit breaker is on the unit on the roof and the room needs to be maintained at a constant temperature and humidity.

- Laboratory hood sashes should be lowered before laboratory staff exit the laboratory rooms. Laboratory hood fans should not be shut off in order to prevent ambient air intake through the hood exhaust.
- Signage will be placed at all entrances indicating that shelter in place procedures are in effect. Signs are to be kept by Emergency Coordinator with other emergency information.
- Employees will be notified by building intercom system that shelter in place procedures are in effect. No alarms will sound since employees should not leave the facility.
- Staff who are inside the building at the time of the emergency notification should gather in the rooms upstairs. The Command Center will be at the secretaries' area in the Division Office and can be reached at (916) 327-4722. A radio will be available at the Command Center.
- Staff who were outside of the building at the time of the disaster will be allowed in a designated "containment area" and await further direction. The designated "containment area" will be the downstairs conference room near the main 13th and T entrance. Communication with people in the containment area will be via telephone at (916) 324-4377 or 324-4373.
- First aid staff who work in the building will be asked to post to a first aid area located near the elevator near the main 13th and T entrance. First aid staff will monitor the entrance and guide persons entering from outside to the conference room.
- Staff will be discouraged from leaving the facility. Official emergency personnel, such as the local police department or fire department officials, will direct these actions at the time of the event.
- Keep listening to the radio and/or television until you are told all is safe or you are told to evacuate.

The Emergency Coordinator will maintain a Command Center and will be in contact with the appropriate emergency personnel. The non-emergency telephone number for the Sacramento Police Department is (916) 264-5471. If possible, the Emergency

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business 17 resumption activities and return to work directions.

Coordinator should have access to the Internet to receive information. The Safety Coordinator will seek direction from the Governor's Joint Information to hear of any relevant Governor's office directives and information and will relay to the Emergency Coordinators.

If Shelter in Place Procedures are required when employee(s) are working after hours, on a weekends or holidays, the employee(s) in the facility should use their best judgement in the actions to take. They should follow the Shelter in Place procedures to the best of their ability and listen for directions from the Emergency Alert System via a radio or television.

VIII What to Do In Case of: A Bomb Threat and Search

A. Immediate Actions.

- Dial 9-911

When you notify the California Highway Patrol of the threat, keep in mind that unless the threat indicates imminent danger, you will probably not be directed to vacate the facility.

Once you have completed the telephone report and followed all CHP directions, contact the Emergency Coordinator and your supervisor.

B. If Received By Telephone

Form ASD/MSB-197 was created to assist employees who receive a bomb threat over the telephone. It provides questions to ask and helps the employee identify helpful information about the caller, which will assist law enforcement. A copy of Form ASD/MSB-197 should be placed by each telephone. The first page of the State of California Telephone Directory also contains a helpful guide of what to do and ask in case of a bomb threat.

Ask the following questions and record the answers specifically:

- When is the bomb going to explode?
- Where is the bomb right now?
- What kind of bomb is it?
- What does it look like?
- Why did you place it?
- What is your name and call-back number?

Keep the caller on the telephone as long as possible - do not hang up the phone on which you received the call. Call and report the threat to 9-911 on a separate telephone.

Record the call, if you have the equipment. If you can't record, take notes - as detailed as you can - include the following information:

- Time and date of the call.
- EXACT WORDS of caller (or as close as possible).
- Gender and approximate age of caller.
- Accent and speech pattern/tone of voice.
- Background noises.
- Time call concluded.

C. Suspected Bomb Received by Mail

If you are uncertain about an object (letter, envelope, package) treat it as a suspected bomb.

Some characteristics to look for include:

- Foreign mail, air mail and special delivery
- Restrictive markings such as "confidential", "personal", etc.
- Excessive postage
- Handwritten or poorly typed addresses
- Incorrect titles or titles with no names
- Misspellings of common words
- Oily stains or discoloration's
- No return address
- Excessive weight
- Rigid envelope
- Lopsided or uneven envelope
- Protruding wires or tinfoil
- Excessive securing material such as: masking tape, string, etc.
- Visual distractions

Actions to take include:

- DO NOT TOUCH, MOVE or DISTURB the letter, package or envelope.
- Notify other employees and evacuate the immediate area; prevent re-entry; leave doors open.
- Notify the California Highway Patrol and give the exact location and brief description of the object. Do not use a cellular phone in the vicinity of the suspicious object. If the general bomb location is unknown, all cell phone use should be curtailed (information and direction may be primarily provided by a messenger.)
- Shut off gas or fuel lines and remove flammables, if directed by the CHP or other emergency personnel.
- Notify your supervisor and the Emergency Coordinator.

C. How to Conduct a Bomb Search

If appropriate, the Emergency Coordinator will notify staff of bomb threats and will assign search duties. Employees who know the work area are the people most likely to identify foreign or suspicious objects. Therefore, if conditions exist that call for a bomb search, employees will be asked to conduct an immediate search of their work area. This is the safest and most effective method. In such a situation, an alarm will NOT sound and an evacuation will NOT be initiated, unless the threat indicates imminent danger. The fire alarm should NOT be pulled in the event of a bomb threat or search.

1. The following activities will be initiated if a search is conducted:

- Employees will search their immediate work areas or areas as directed by the Emergency Coordinator or other emergency personnel.
- Emergency Team members will search areas such as restrooms, storage rooms, and non-staff areas.

Remember you are only looking for something that does not belong there! For that purpose it is important that all work areas be kept neat and orderly so that suspicious objects are more visible and identifiable.

3. What to look for:

- Remember that most bombs do not look like bombs. Explosives may be packaged in a variety of innocent looking containers.
- Look for the unusual or something that appears to be out of place.
- Gain the assistance of other employees familiar with the area to help search.
- Anything that does not belong or whose nature and presence cannot be adequately explained is a suspicious object.

4. If you located a suspicious object:

- Assume it is dangerous.
- DO NOT TOUCH, MOVE or DISTURB the object.
- DO NOT use cell phones, remote controls or transmit radio calls in the vicinity of the suspicious object.
- Attempt to locate a possible owner of the object in the immediate vicinity.
- Notify other employees and evacuate the immediate area; prevent re-entry; leave doors open.
- Notify the CHP and give the exact location and brief description of the object.

IX. What to Do In Case of: An Earthquake

During an earthquake or tremors do the following:

During an emergency, call toll-free (877) 5-CALEPA or (877) 522-5372 for business resumption activities and return to work directions.

Drop to the floor and get under a desk or table or stand in a corner or in a doorway depending on your location when the earthquake occurs. In a hallway or corridor brace yourself against the wall and duck down covering your head and eyes with your arms.

- Move away from glass, brickwork, skylights, overhead objects, and top-heavy furniture.
- Do not use elevators. If you are in one when the earthquake hits, take cover against the interior wall until the elevator stops, then GET OUT on the nearest floor. Do not continue using the elevator.
- Do not rush for the doors.
- Wait for the shaking to subside, stay put for a few minutes; an aftershock usually follows within minutes. Beware of falling debris and electrical wires.
- Stay calm and wait for instructions from the Emergency Coordinator.
- If in a high-rise building, stay away from windows and outside walls. Get under a table.
- Do not use the telephone unless for emergency assistance.

Outside:

- If you are in a store, move away from display shelves containing objects that could fall. Do not rush for the exit.
- If you are outdoors, stand away from buildings, walls, trees, and power lines.
- If you are driving, pull over and stop as soon as possible, **except on or under a bridge** and listen to radio broadcasts. Stay inside your car until the shaking is over.
- After an earthquake, do not use your vehicle unless there is an emergency. Keep the streets clear for emergency vehicles.
- If you are walking on a sidewalk near a building, duck into a doorway to protect yourself from falling bricks, glass and other debris.
- If you are in a stadium or theater, stay in your seat, get below the level of the back of the seat and cover your head with your arms.

X. What to Do In Case of: A Flood

- Evacuate all office spaces immediately and relocate to a safe place or the rooftops. If you have a portable radio, take it with you. Many radio stations are equipped with the Emergency Alert System (EAS) which will provide information on the floods.
- The Emergency Coordinator will seek direction from the County Office of Emergency Services and provide further instructions at (916) 875-3099. The Coordinator should be able to learn about the timing and estimated depth of the flooding.
- Take action to prevent or reduce damage by removing records and supplies from danger areas. If possible, cover computers, typewriters, calculators, and other equipment with plastic covers to prevent or reduce water damage.

XI. What to Do In Case of: An Explosion

Leaking gas, faulty boilers or explosives can cause explosions.

- Take cover under desks, tables, or other furniture or structures that will protect you against flying glass or debris.
- Call 9-911.
- If necessary or as directed by Emergency Personnel, evacuate the building using normal evacuation procedures.

XII. What to Do In Case of: A Weapon

Weapons are not allowed on state property (Reference ASL on "Prohibition on Weapons in State Buildings"). If a person appears with a weapon:

- Seek cover or escape from the area.
- If possible, from a protected area contact 9 - 911.
- Warn others in the immediate vicinity.
- Close doors and alert others to do the same. Stay in protected areas.
- If possible, notify your supervisor, Emergency Coordinator and California Highway Patrol.

XIII. What to Do In Case of: An Assault

If an assault occurs:

- Call 9 - 911.
- If the person remains in the office, stay in the protected area and on the phone with 911 until the person(s) leave.
- For injuries, contact a First Aid Team Member to administer first aid to injured staff until emergency medical personnel arrive.
- Notify management and the Emergency Coordinator.

XIV. What to Do In Case of: A Hostage Situation

If a hostage incident develops:

- If possible, call 9 - 911.
- Remain calm, do not panic and cooperate as necessary.
- Attempt to escape quietly without taking any risks.
- Notify management and the Emergency Coordinator.
- If necessary, the Command Center will coordinate a building evacuation, under direction of the California Highway Patrol or local authorities.
- People involved or those closest to the incident should proceed to the Command Center and provide information to aid law enforcement authorities.

XVI. What to Do In Case of: A Demonstration

Most demonstrations are peaceful, but may change quickly.

- Stay in the building, well away from demonstrators.
- Continue business as usual and do not become part of the problem.
- Obtain as much useful information about the demonstration as possible.
- If peacekeeping authorities are not present, contact your supervisor or the California Highway Patrol.
- If necessary, monitors will be posted at exits nearest the demonstrators to redirect building occupants away from the demonstration.

XVII. Motor Vehicle Accident Reporting

ALL motor vehicle accidents involving a state-owned vehicle or any vehicle being used on state business **must be reported within 24 hours** to Administrative Services Division (ASD), Management Services Branch. The Office of Risk and Insurance Management (ORIM), Department of General Services, is responsible for the centralized management of risk and insurance needs. The Management Services Branch will serve as a liaison with ORIM and the employee. An employee involved in a motor vehicle accident must notify his/her immediate supervisor of the accident and complete the appropriate forms as instructed in the Injury & Illness Prevention Program Guide. There is also an ASL on this subject.

XVIII. Questions

If you any questions regarding ARB's safety program, consult the Injury & Illness Prevention Guide which is accessible electronically on ARB's IntraNet, your supervisor or contact Gayle Yost at (916) 323-7053 or Cindy Francisco at (916) 323-1158.